



Spring Newsletter

March 2018 News

What is BIE?

BIE is a natural method that helps a person's body to recognize the "culprit" or "stressor" that is causing their health disorder. By way of muscle testing we can find out what stressor may be causing the problem. Stressor related symptoms include allergies, arthritis, headaches, migraines, digestive disorders, fatigue, constipation, acne, rash, anxiety and depression.

Once we figure out the stressors, we then use a special instrument to reintroduce the signature frequency of the stressor back into a person's body in order for the body to then recognize it. Once recognized, it can then differentiate whether it's good or bad, harmful or non-harmful and then deal with it accordingly. This allows for healing and consequently alleviating suffering.

DID YOU KNOW???

Oral Allergy Syndrome, also known as Pollen-Food Allergy Syndrome, is a common problem amongst hay fever sufferers. In this condition, hay fever sufferers also develop oral allergy symptoms to certain fruits and vegetables.

For instance if you have an allergy to grass, you may also have sensitivities to tomato, watermelon, cantaloupe, orange, kiwi, swiss chard, and wheat.

If you have an allergy to Ragweed you may also have sensitivities to banana, watermelon, cantaloupe, honeydew, zucchini, cucumber, chamomile tea, and sunflower seeds. If you have an allergy to latex you may also have sensitivities to avocado, banana, kiwi, grapes, mango, tomato, peach, melon, pineapple, papaya, celery, spinach and spices.

With BIE we can work with the people who have allergies to help their body balance itself, which will then alleviate the body's symptoms to these allergies.

Book your appointment with Belinda Lidster today..